

# Applying Behavioural Science to improve Financial Wellbeing

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# Who are Doconomy?



#### Doconomy's product suite

**SAVINGS GOALS** 

**MINDFUL CONSUMPTION** 

**INVESTMENTS** 

**SEGMENTATION** 

#### **IMPACT FINANCE**



#### **IMPACT TRANSACTIONS**



**CARBON CALCULATOR** 

**ENGAGEMENT SERVICES** 



# Why work with behavioural science?



#### Engagement

Within the product

Beyond the product





## Emotions and Finance









#### Rewards of consumption

 Activates the reward system in our brains

 Campaigns, bargains, and buy now pay later increases the reward further

 Link to identity and social approval



#### Financial stress

73% of Americans rank their finances as the number one stress in life
Capital one, credit wise survey 2025

87% of South Africans report financial stress, impacting physical and mental health.

Sanlam Benchmark report, 2023

### Financial stress leads to inaction

Reduces our cognitive bandwidth

Reduces our emotional bandwidth

# Key behavioural science ingredients



## The WHY - Motivation

#### Motivational drivers

#### Internal Motivation

- Values
- Needs
- Desires

#### **External Motivation**

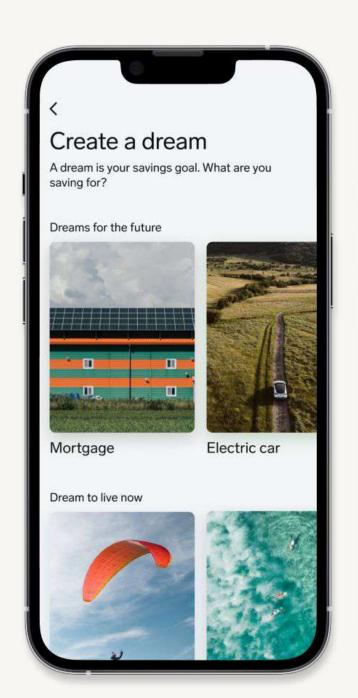
- Material reward
- Avoid punishment
- Money

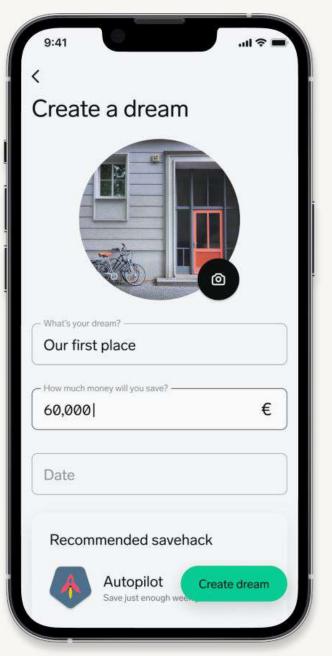


#### Dreams

 Saving goals made concrete and emotional

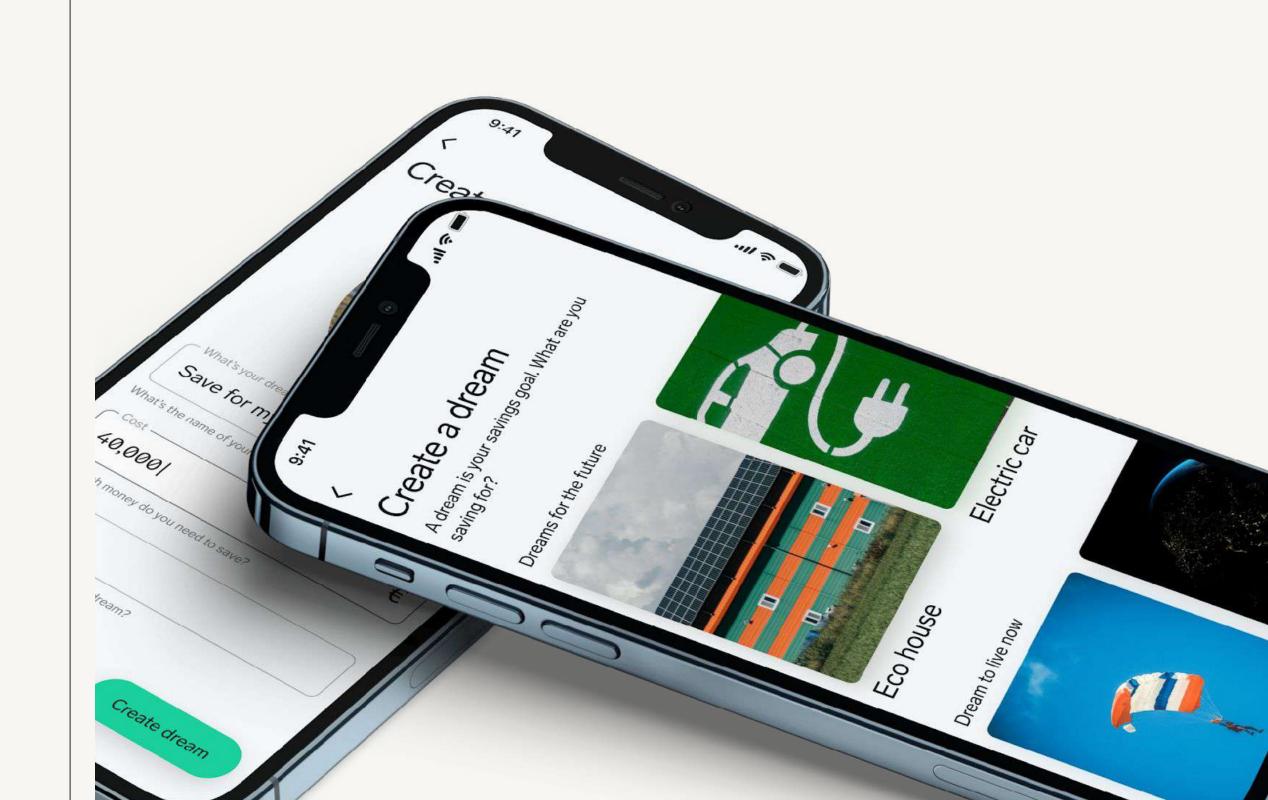
 Fully localisable to make culturally and contextually relevant





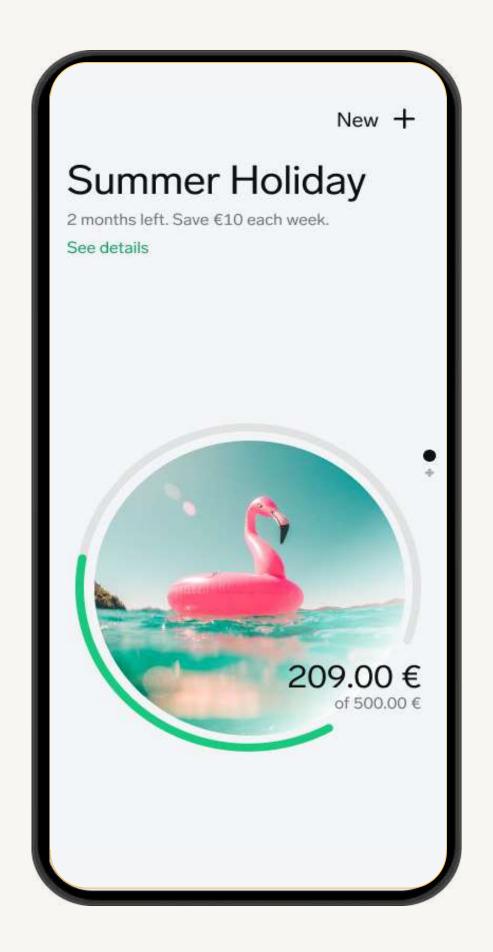


## Inspire don't prescribe

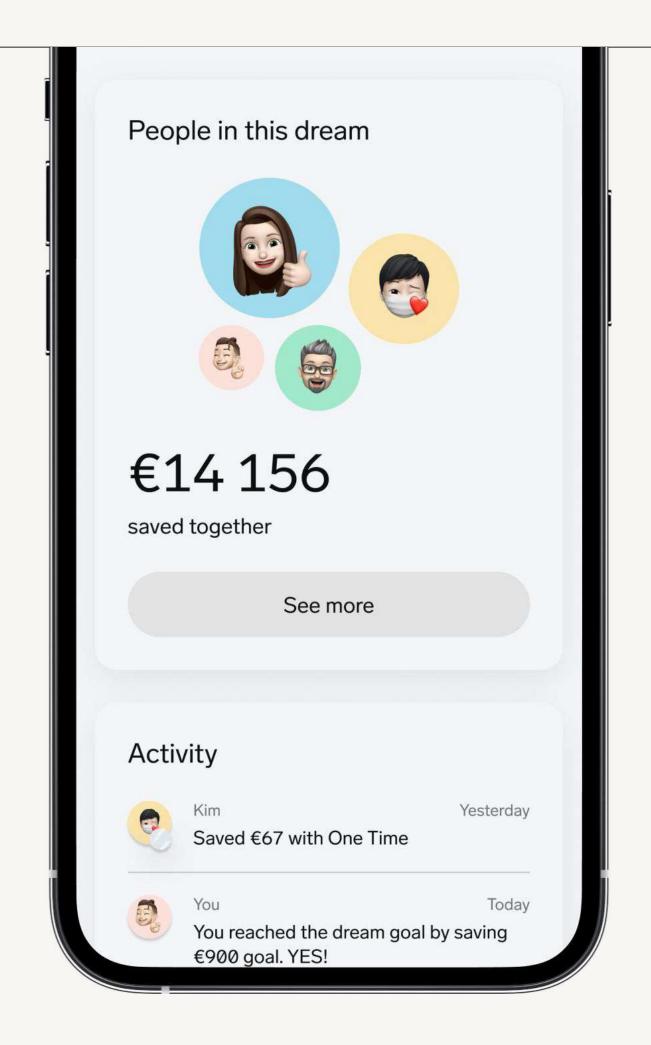


18

## Make the Dream personal and concrete



Make use of the strong motivator of social belonging

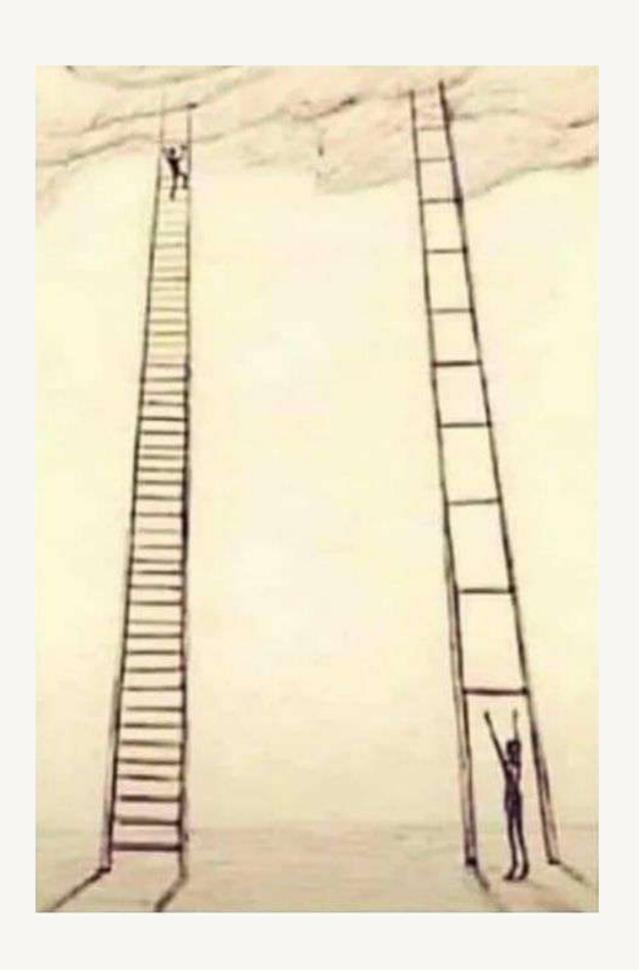


### The HOW -Self-efficacy and ability

## Self-efficacy and procrastination

Our own belief in our own ability to reach our goals.

When something is too overwhelming or too stressful we often procrastinate.



#### Keep it simple

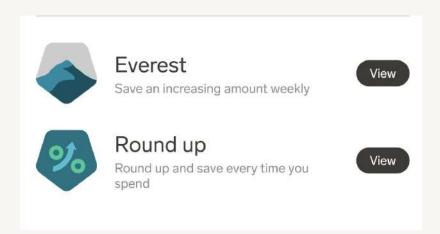
Practically

Emotionally

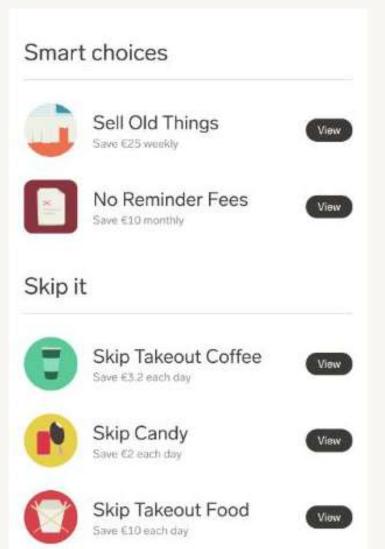
#### Savehacks

Unique saving tools help users allocate more money towards their dreams

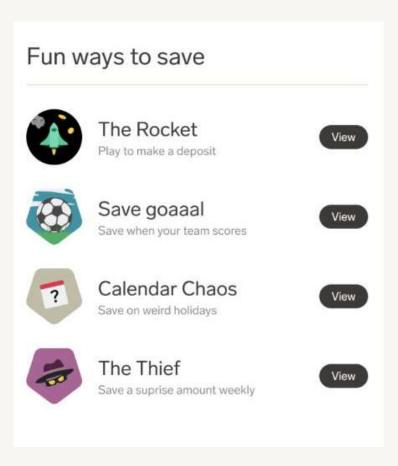
#### Automatised



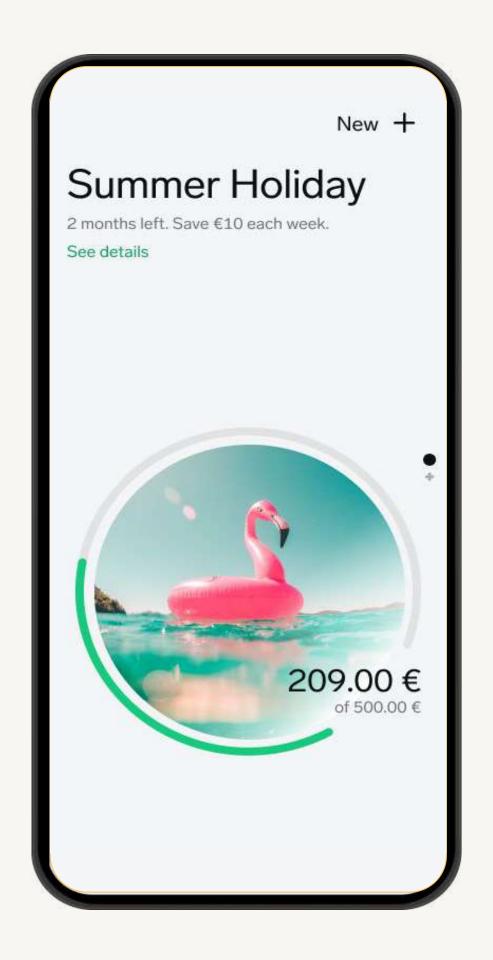
#### Lifestyle inspiration



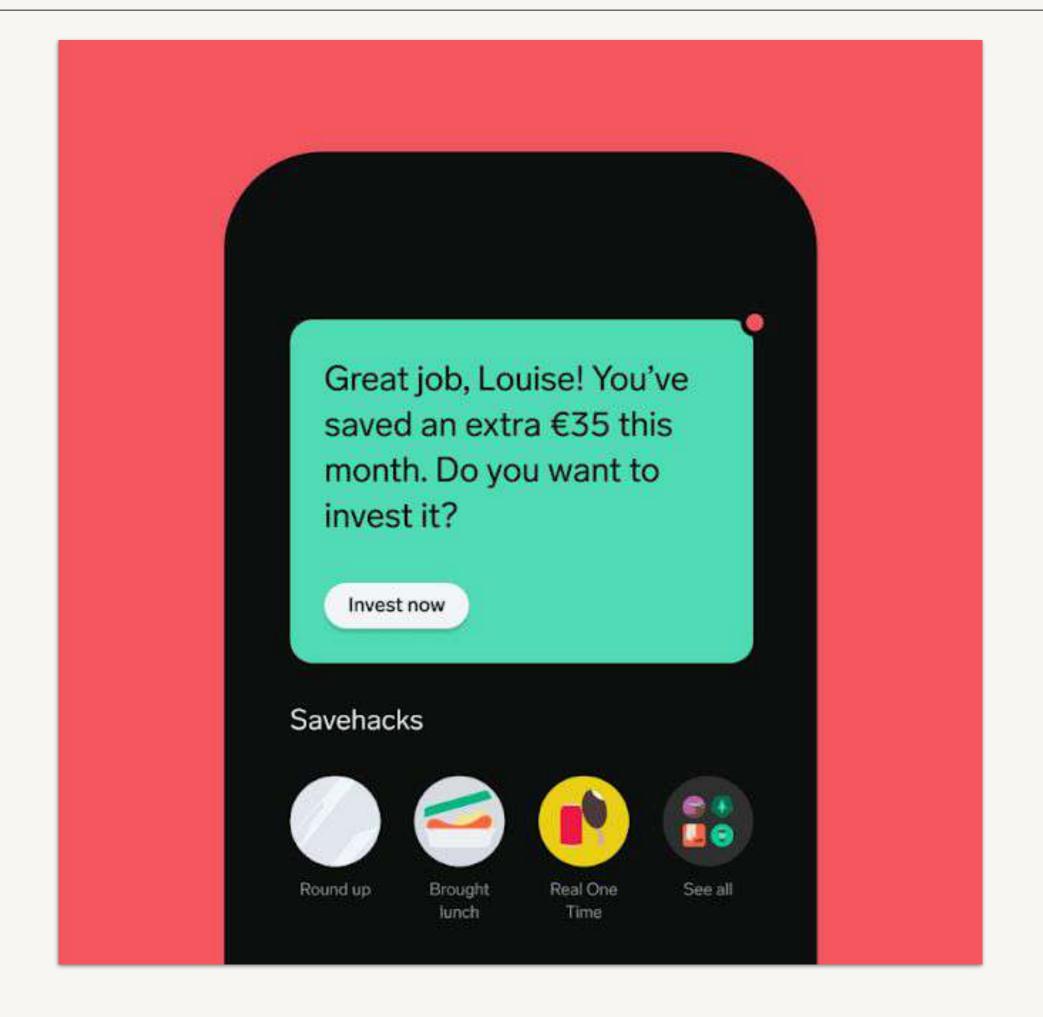
#### Fun and surprising



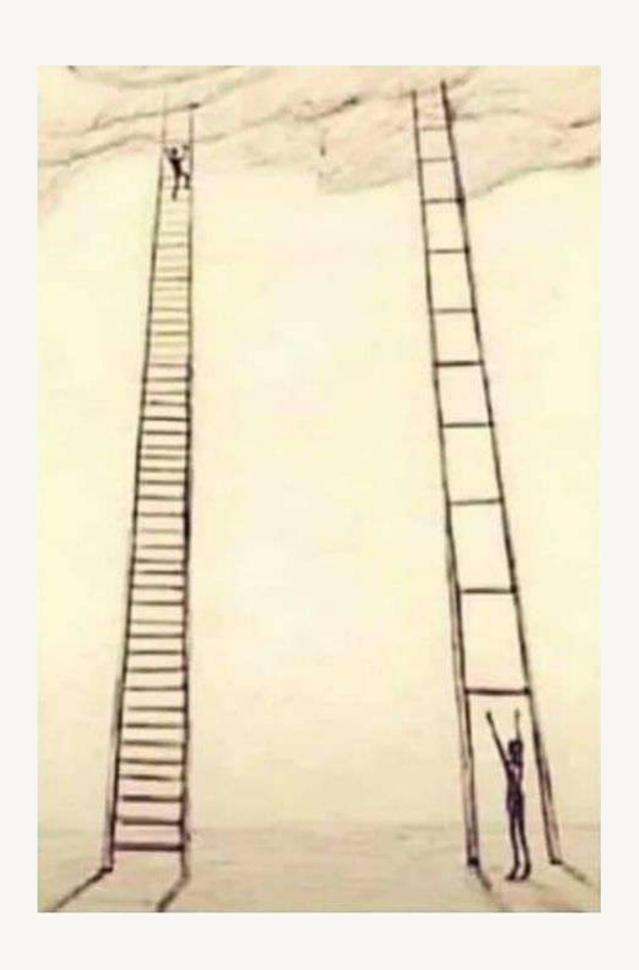
## Visualise and reward progress



Give the right feedback and upsell at the right time



26



#### Reduce risk aversion

- Experience trumps numbers (description-experience gap)
- Sample the experience of investing with micro investments to avoid large "all-or-nothing" decisions.

27



## Impact



## Boosting financial wellbeing

28%

of people saving with our finance product had no savings habit before

+2000€

more saved per year than before using Dreams (on average in Nordics)

6-8%

of monthly income consistently saved across countries & cultures (Sweden, Ukraine)

74%

feel more positive about their finances after just two months of using Dreams

59%

feel more confident about money after just two months

2/3

feel less stressed about money after just two months

#### THANK YOU FOR LISTENING!

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